Cambridge Adventure Day Camp 2020
Ages 5-11
5 weeks: July 6 - August 7, 2020
Camp runs: 9AM-4PM

APPLICATION CHECKLIST:
☐ Completed application 11 page application, including Authorization Form, Health History, Food for Free Weekend Backpack Program Form, Parkour Generations Liability Form and MetroRock Participant Agreement
☐ Copy of 1st page of 2018 or 2019 Tax Return
☐ Physical and Immunization Record dated AFTER January 1, 2019 & signed by your Doctor
☐ Copy of insurance card(s)

ALSO INCLUDE:

| Application Fee | ................................................................. $10.00 |
| 50% of Tuition Fee to hold spot | ................................................................. $_____ |
| Total due at time of application | $_____ |

**Completed applications are accepted on a first come, first served basis. Any campers with unpaid fees by 5/1 cannot be guaranteed a spot.

Camp Policies and Procedures

Camp Tuition: Tuition is on a sliding scale based on family size and income. See tuition chart.

**Cancellation refunds** can be requested in writing, from parents/guardians up to 10 business days prior to child’s arrival date. The $10 application fee is non-refundable. There is a $20 charge on any returned checks. If your child attends any part of camp, a refund for weeks not attended cannot be given. The Director reserves the right to dismiss any camper whose behavior violates the camp’s code of conduct.

Bus Transportation: All campers use bus transportation. Bus stop times are announced two weeks before camp begins. Parents are responsible for getting their children to and from the correct bus-stop.

Health Concerns: If your child is sick, please don’t send him/her to camp. Children need to be fever free without medication for 24 hours before returning to camp. Thank you.

Camp Field Trips: Campers participate in field trips each week. Trips include Waltham Fields Community Farms, Farrington Nature Linc, local pools and parks, and some all day trips to state parks.

Meals: Camp provides breakfast, lunch, and snack each day.

**Please DO NOT SEND** your child with spending money, electronics, or anything of value. CADC cannot be responsible for the personal belongings of campers.

Contact Us:
Call: Sara Whitford, Camp Registrar (617) 864-0960
Email: Sara Whitford, s.whitford@cambridgecamping.org
Visit: 99 Bishop Allen Drive, Central Square, Cambridge, MA

This camp complies with regulations of the Massachusetts Department of Public Health and is annually licensed by Health Inspectional Service
Cambridge Adventure Day Camp 2020: July 6 – August 7

Complete application must include:
Physical & Immunization Records dated after 1/1/2019
Copy of 2018 or 2019 Tax Return & Copy of health insurance card(s)

Camper Information

Child’s First Name: __________________________ Last Name: __________________________ Age (as of 6/1): __________

Date of Birth: ___________________________ Gender: Male Female Grade in September 2020: ________

Address: ___________________________________________________________ Zip: __________

Home Phone: __________________________ Siblings with ages: __________________________

School: __________________________ Afterschool Program (if applicable): __________________________

Has your child attended CADC in the past? ______ If yes, approximately how many years? __________________________

T-shirt size (circle one) Youth Medium (10-12) Youth Large (14-16) Adult Small

Parent/Guardian #1: __________________________ Cell #: __________

E-mail: __________________________ Daytime Phone: __________

Home Address if different from child’s: ______________________________________________________________________

Parent/Guardian #2: __________________________ Cell #: __________

E-mail: __________________________ Daytime Phone: __________

Home Address if different from child’s: ______________________________________________________________________

Emergency Contacts: Please list 2 contacts other than a parent/guardian that are authorized to pick-up child.

Name: __________________________ Relationship: __________________________

Address: __________________________ Daytime Phone: __________

Name: __________________________ Relationship: __________________________

Address: __________________________ Daytime Phone: __________

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AUTHORIZATION FORM

Promotional Materials: I agree that photos/videos/other media images of my child can be used for future promotional purposes, program and funding collaborators. **Please cross out this section if you do not agree.**

Medication: I give permission for my child to receive non-prescription medications for the treatment of minor illness, such as headache, upset stomach, and for the prevention of sunburn (sunscreen) and bug bites (insect repellent). **Please cross out this section if you do not agree**

Session Length Agreement: I am committed to having my camper attend the full camp session. I understand that the Director reserves the right to dismiss a camper when the camper’s behavior violates the camp’s code of conduct. If my child is asked to leave camp I understand that it is my responsibility to facilitate the process.

Contact Information: I will notify the camp office of changes in my contact information (address, home or work number, etc.) in the case of an emergency. In the event that I cannot be reached in an **EMERGENCY** I hereby authorize the program to transport my child to the nearest medical care facility and to secure necessary medical treatment for my child.

Authorization for Information Release: For children enrolled in Cambridge Public Schools: In an effort to ensure that all children are enrolled in a summer program, Cambridge Public Schools request names of children who participate in our camp. No other information is shared.

Tuition: I understand the $10 application fee is not refundable. I agree to pay the tuition balance by May 15th. There is a $20 fee on returned checks. Cancellation refunds can be requested in writing, from parents/guardians up to 10 business days prior to start of camp.

Release: I give permission for my child to attend Camp and participate in all programs, including activities off the camp premises. I agree that Cambridge Camping observes all reasonable precautions for the care and protection of my child. I understand that staff selection policies and procedures include confirmation of background checks, and healthcare and discipline policies, and are available to parents or guardians by request. I understand that I may contact the office during business hours at 617-864-0960 to file any grievances. By signing this application, I hereby release and hold harmless the Camp, and its directors, officers, employees, agents, and representatives, from any and all damages, claims, injuries and liabilities, which may arise out of my child’s attendance at Camp and out of his/her participation in any activities while in attendance. I understand that my child is responsible for all items that he/she brings to camp in the event that they are lost, stolen or damaged and I will not send my child to camp with spending money, electronics, or anything of value. If my child is sick, I will not send him/her to camp. I understand that my child needs to be fever free without medication for 24 hours before returning to camp.

**I attest that all information on this form is true and accurate and I understand that my application will not be considered until I have completed all required material and included a copy of my child’s physical and immunization records.**

Parent/Guardian_________________________ Signature:_________________________ Date:_________________________

*This camp complies with regulations of the Massachusetts Department of Public Health and is annually licensed by the Health Inspectional Services.*
Campers Medications – including inhalers and epi-pens

All medication taken at camp MUST be in the original bottle.

 Identify medications taken during the school year the camper does not/may not take during the summer.

☐ This child takes no medication on a routine basis.

☐ This child takes medication as follows:

Medication: ____________________________ Dosage: _________ Specific times taken each day: __________

Reason for taking: ____________________________

Possible side effects and action required:

Parent/Guardian Signature: ____________________________ Date: ____________________________

Camper’s General Health History: Circle “Yes” or “No” for each statement.

1. Had asthma/shortness of breath? Yes No

2. Have diabetes? Yes No

3. Had a recent infectious disease? Yes No

Had fainting or dizziness? Yes No

4. If female, have problems with periods/menstruation? Yes No

5. Had seizures? Yes No

7. Ever been hospitalized? Yes No

8. Ever had surgery? Yes No

9. Had a recent injury? Yes No

10. Have headaches? Yes No

11. Have any chronic/recurrent illnesses? Yes No

12. Have any other conditions – medical and emotional. Yes No

Please explain any “yes” answer in the space below.

___________________________________________________________________________

Parent/Guardian Signature: ____________________________ Date: ____________________________
**CAMPER SUPPORT NEEDS**

**Camper Support Needs**

Is your child in a specialized classroom at his/her school?  Yes  No

Does your child have an IEP?  Yes  No

Does your child receive any kind of therapy or counseling?  Yes  No

If you answered yes to any of the above, please use space below to describe any concerns you may have regarding your child’s emotional and/or physical well-being at camp.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**Information Release Agreement:** I hereby authorize Cambridge Adventure Day Camp to give and receive information and all records which may pertain to my son/daughter’s performance. Cambridge Adventure staff is authorized to contact the following individual, agency, or school.

Name of Counselor/Social Worker/Teacher/Therapist: __________________________________________

Agency: __________________________________________ Phone: __________________________

Address: __________________________________________
TRANSPORTATION

Please note that bus stops are subject to change with the changing needs of our camp population when registration is complete.

Bus times and confirmed locations of bus stops will be sent out two weeks prior to the start of camp.

Please check the stop you would like your child to use: *
If your child will use different bus stops in the morning and afternoon, please indicate AM or PM beside the stops.

- Jefferson Park – Rindge Ave
- Kennedy/Longfellow School – Spring St
- Walden Square – Richdale Ave
- Old King Open - Cambnridge at Hunting
- 1600 Mass Ave – Chauncy (morning) / Everett St (afternoon)
- Fletcher Maynard Academy
- Central Square Library
- King School – Magee & Putnam Ave
- Pearl - Pearl at Putnam St
- Starbucks – Broadway & Ware St
- River - Putnam at River Street
- Haggerty School
- King/King Open School

*Bus stops in Somerville will be arranged as needed

Only I or my Authorized Pick-up Persons (listed on Page 1) can pick-up my child from the bus stop.

If there is a change in the person picking my child up, I will notify the Cambridge Camping office immediately. If my child is not met at the bus stop by myself or the Authorized Pick-up Persons listed on Page 1, I understand s/he will be brought to the Cambridge Camping office at 99 Bishop Allen Drive. I will be charged $15 late fee payable at time of pick-up. Camp enrollment is suspended if this reoccurs a 3rd time.

Upper Campers Only:
Please initial the statement if you would like to have your child walk home: __________
Optional: I give my child permission to walk home from the bus stop on his/her own: _______

Parent/Guardian Signature: __________________________ Date: ____________

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DEMOGRAPHICS

This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children’s eligibility.

Circle one ethnic identity: Hispanic or Latino   Non-Hispanic or Latino

Circle one or more racial identities: Asian   Black or African American   Multi-racial/Other
American Indian or Alaska Native   Native Hawaiian or Other Pacific Islander   White

Are you a single parent? Yes   No
Does your child receive Free and Reduced Lunch? Yes   No
Is English your first language? Yes   No
What languages are spoken at home ________________
Has camper experienced the death of a parent? Yes   No

TUITION / FINANCIAL ASSISTANCE

All camper tuitions are subsidized thanks to the generosity of many individuals and foundations and determined on a sliding scale that offers up to 90% discounts on the cost of camp. Your rate is based on household size and income. MUST provide a copy of your 2018 or 2019 Federal Income Tax form 1040 for EACH WAGE EARNER in the household.

| Annual Household Income Multi-child discount. 10% discount for each additional child enrolled in camp. |
|---|---|---|---|---|---|---|---|
| 2 | 0 - 25,000 | 25,001 - 35,000 | 35,001 - 45,000 | 45,001 - 60,000 | 60,001 - 80,000 | 80,001 - 100,000 | 100,001+ |
| 3 | 0 - 29,000 | 29,001 - 39,000 | 39,001 - 49,000 | 49,001 - 64,000 | 64,001 - 84,000 | 84,001 - 104,000 | 104,001+ |
| 4 | 0 - 33,000 | 33,001 - 43,000 | 43,001 - 53,000 | 53,001 - 68,000 | 68,001 - 88,000 | 88,001 - 108,000 | 108,001+ |
| 5 | 0 - 37,000 | 37,001 - 47,000 | 47,001 - 57,000 | 57,001 - 72,000 | 72,001 - 92,000 | 92,001 - 112,000 | 112,001+ |
| 6 | 0 - 41,000 | 41,001 - 51,000 | 51,001 - 61,000 | 61,001 - 76,000 | 76,001 - 96,000 | 96,001 - 116,000 | 116,001+ |

Tuition $170 $260 $360 $465 $590 $870 $1070

Agency Referral/Voucher Information
Were you referred to CADC by another agency? Yes No
Will they help pay for camp? Yes No with Voucher? Yes No

Name of agency: __________________________ Contact name: __________________________ Phone Number: __________

If paying with voucher please read and sign below.

I understand that it is my responsibility to perform all duties required by both Cambridge Camping and the voucher agency in a timely fashion in order to enroll my child(ren) in camp. I understand that my child is not enrolled until Cambridge Camping has received confirmation from the voucher agency.

Parent/Guardian Signature: __________________________ Date: __________________________

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FREE Weekend Food For Your Child/Children Available!

The Cambridge Adventure Day Camp participates in the Cambridge Weekend Backpack Program to offer a supply of nutritious meals and snacks for children over the weekend, **free of charge if you are struggling to meet your family’s food needs** and would benefit from receiving additional food. The staff will discreetly distribute weekend bags on the last camp day before the weekend. Any child enrolled at the Cambridge Adventure Day Camp is able to receive these weekly bags of food.

If you feel that your children would benefit from receiving additional food to **meet their nutritional needs** over the weekend, we encourage you to sign them up by filling the form out below. Only one form is needed for all the children in your family, but include information for each child in the form below. Please note if you have a child or children who does not attend this camp they can still receive food from the backpack program just please include that information below. This information will be kept **confidential** between you and the staff at the Cambridge Adventure Day Camp. Questions or concerns? Please contact **Clara Hobson**, cadc.director@cambridgecamping.org.

**Weekend Backpack Program Consent Form:**
Please sign my child/children up for the Weekend Food program! I understand my child/children will soon start receiving a bag of food at the end of each week to help feed him/her over the weekend.

**Weekend Backpack Program Consent Form**
Please sign my child(ren) up for the Weekend Food program! I understand my child(ren) will soon start receiving a bag of food at the end of each week for his/her use over the weekend. PLEASE PRINT CLEARLY.

<table>
<thead>
<tr>
<th>Child's Name and grade</th>
<th>Special dietary needs, if any (e.g., food allergy, kosher, halal, vegetarian)</th>
<th>My child participates in the Weekend Backpack Program at school during the year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Yes:_____ No:_____</td>
</tr>
<tr>
<td>Child's Name and grade</td>
<td>Special dietary needs, if any (e.g., food allergy, kosher, halal, vegetarian)</td>
<td>My child participates in the Weekend Backpack Program at school during the year</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yes:_____ No:_____</td>
</tr>
<tr>
<td>Child's Name and grade</td>
<td>Special dietary needs, if any (e.g., food allergy, kosher, halal, vegetarian)</td>
<td>My child participates in the Weekend Backpack Program at school during the year</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Yes:_____ No:_____</td>
</tr>
<tr>
<td>Parent/Guardian Name</td>
<td>Telephone Number (if any)</td>
<td>Parent/Guardian Email Address (if any)</td>
</tr>
</tbody>
</table>
ACA YOUTH OUTCOMES BATTERY FOR GUARDIANS BEGINNING OF CAMP SURVEY

Camper’s Full Name: _____________________________ Age_____ Male Female (circle one)

Please rate your camper in the areas listed. We are interested in whether the camp experience influences your camper’s development in these areas.

| My child likes to meet new people | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child likes to try new activities | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child likes to visit new places | False | Somewhat false | A little false | A little true | Somewhat true | True |

Tell us about any goals you have for your child around trying new activities, going new places or meeting new people.
________________________________________
________________________________________
________________________________________

| My child makes friends. | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child listens to other kids. | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child empathizes with friends. | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child helps friends have fun. | False | Somewhat false | A little false | A little true | Somewhat true | True |

Tell us about any goals you have for your child around working with other people and making friends.
________________________________________
________________________________________
________________________________________

| My child helps with things at home without being asked. | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child does things to make our home better without being asked. | False | Somewhat false | A little false | A little true | Somewhat true | True |
| My child helps other members of our family without being asked. | False | Somewhat false | A little false | A little true | Somewhat true | True |

Tell us about any goals you have for your child in how s/he relates to other people in your family or helps out at home.
________________________________________
________________________________________
________________________________________

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META ROCK PARTICIPANT AGREEMENT

PLEASE READ CAREFULLY. YOU MUST COMPLETE AND SIGN THIS FORM BEFORE PARTICIPATING!

WARNING: You and MetroRock (also referred to herein as “Company”) acknowledge that there are significant elements of risk in any adventure, sport, or activity associated with a “rock gym,” climbing wall, bouldering area, autobelay equipment, challenge course, slack line, yoga, parkour, and incidental weight and fitness training regimens and equipment (referred to herein as “Activity”). You acknowledge that this Activity has substantial risks. Climbing is dangerous and there are inherent risks to climbing. Certain risks cannot be eliminated without destroying the unique character of the Activity. The same elements that contribute to the unique character of the Activity can be causes of loss or damage to your equipment, or accidental injury, illness, or even permanent trauma or death. The intention is not to frighten you or reduce your enthusiasm for this Activity, but it is important for you to know in advance what to expect and to be informed of the inherent risks.

ACKNOWLEDGMENT OF RISKS: I/We (the participant/s) acknowledge that the following describes some, but not all of the risks associated with Activity: 1) Slips, falls and painful crashes into walls, structure, equipment, holds, rocks, or other obstacles; 2) Slips, falls, and crashes associated with crossing, descending, climbing, or down climbing; 3) Injury due to equipment failure; 4) My/Our physical strength, coordination, sense of balance, and ability to follow or give directions, including while climbing, belaying, lifting, or spotting; 5) Fatigue, chill and/or dizziness, which may diminish my/our reaction time, and increase the risk of accident; and 6) My/Our own actions or omissions and the actions or omissions of other participants. I/We understand the description of these risks is not complete and that other unknown or unanticipated risks may result in injury, illness, or death. I/We should consult with my/our physician or have a physical examination before engaging in Activity, especially if I/we are elderly, pregnant, unaccustomed to physical exertion, have physical limitations or a history of high blood pressure, heart problems, or other chronic illness.

EXPRESSION ASSUMPTION OF RISK AND RESPONSIBILITY: In recognition of the inherent risks of the Activity which I, and any minor children for which I am responsible, will engage in, I/We confirm that I am (we are) physically and mentally capable of participating in the Activity and/or using equipment. I/We participate willingly and voluntarily and I/We understand that the Company cannot guarantee that any facility or equipment is free of risk. I/We also assume responsibility for damage to or loss of my/our personal property, and in no event shall the Company’s liability with respect to personal property exceed the lesser of the actual value or $100.00. I/We also assume risk for accidents or injuries caused by my/our own negligence or errors whether or not such negligence is comparative or contributory. I (we) am (are) aware of the meaning of the terms “Unroped Climbing” (aka “Bouldering”), “Top Rope Climbing,” and “Lead Climbing” and understand the differences between the activities. I/We accept that lead climbing is the most dangerous due to the hazard to both leader and follower. I/We agree to be “checked out” on climbing and belaying skills prior to participation, and that I/We have read, understand, and will follow all MetroRock General Policies and Climbing Policies. I/We acknowledge that wearing appropriate clothing and footwear are basic safety precautions, and that wearing a UIAA approved helmet may help assist in the prevention of head and/or neck injuries. I/We understand that the sport of indoor rock climbing is not the same as the sport of outdoor rock climbing, that outdoor rock climbing requires additional skills and instruction that I/We cannot obtain by indoor rock climbing, and that no amount of experience and instruction in indoor rock climbing will provide me/us with the skills or instruction necessary for outdoor rock climbing. I/We assume the risk(s) of any and all personal injury, accidents and/or illness, including, but not limited to, sprains, torn muscles and/or ligaments; fractured or broken bones; eye damage; cuts, wounds, scrapes, abrasions, and/or contusions; dehydration, oxygen shortage (anoxia); head, neck, and/or spinal injuries; heat exhaustion and/or heat stroke; shock, paralysis, and/or death that are not caused directly and solely by the negligence or willful misconduct of the Company or its employees, agents, or affiliates. I/We agree to use care in the use of the Company’s facilities, equipment, and services and to protect against accidents by other parties.

PARTICIPATION: I/We recognize that the Company may find it necessary to terminate an Activity due to forces of nature, medical necessities, or problems in the group or any member of the group; and/or refuse or terminate the participation of any person the Company determines in its sole discretion to be incapable of meeting the rigors or requirements of participating in the Activity. I/We accept the Company’s right to take such actions in the Company’s discretion. I/We acknowledge that no guarantees have been made with respect to climbing objectives.

AUTHORIZATION: I/We hereby authorize any medical treatment deemed necessary in the event of any injury or illness while participating in the Activity. I/We either have appropriate insurance or, in its absence, agree to pay all costs of rescue and/or medical services as may be incurred on my/our behalf. For valuable consideration, including digital copies upon request, I/We irrevocably consent to and authorize the use and reproduction by the Company, or anyone authorized by the Company, of any and all photographs and images which have been taken of me/us, for any purpose whatsoever, without further compensation to me/us.

GOVERNING LAW AND JURISDICTION; PREVAILING PARTY; DURATION: This Participant Agreement shall be governed in all respects by the substantive laws of the state in which the cause of action arises, without regard for conflict of law principles of such state. I/We hereby irrevocably submit to personal jurisdiction in any action brought in any court, federal or state having subject matter jurisdiction arising under this Participant Agreement within Middlesex County, Massachusetts, and I/We hereby waive, to the fullest extent permitted by law, the defenses of lack of personal jurisdiction, inconvenient forum, and improper venue to the maintenance of any action. I/We hereby waive the right to a trial by jury. In the event that I/We commence an action against the Company or any of its affiliates and fail to obtain judgment or receive partial judgment, I/We shall be liable to the Company for all costs and expenses the Company or its affiliates incurred in the defense of the action or any claims on which I/We did not prevail, including attorneys’ fees. This Participant Agreement supersedes all prior participant agreements, contracts, and understandings, whether oral or written, between me/us and the Company. It shall not expire and shall continue in full force and effect unless superseded, modified, or terminated in a written agreement signed by me/us and acknowledged by the Company.

I/We certify that I/We have read and understand each section of the foregoing Participant Agreement, and understand, acknowledge, and agree to all of the language therein.

Today’s Date: __/__/____  Participant’s Name (printed): ___________________________ Date of Birth: __/__/____
Street Address: ________________________________________________________________ City: ___________________________ State: ____________ Zip: ____________ Phone: ________
E-mail: ___________________________ Emergency Contact Name: ___________________________ Relationship: ___________________________ Phone: ____________

Participant’s Signature (if 18 or older): __________________________________________

If the Participant is under 18, the Parent or Legal Guardian must sign: __________________________________________
PARTICIPANT INFORMATION:  
(PLEASE PRINT CLEARLY)

First Name: ____________________________  Last Name: ____________________________

Address: ________________________________________________________________

City: ____________________________ State: __________  Zip: __________

Phone #: ____________________________ Please circle:  Home  Cell  Work  Other

Email: ____________________________________________________________  Gender: _________

Date of Birth: ____________________________ School: ____________________________  Grade/Year: _________

Occupation (Optional) ____________________________ Military / Police / Fire / EMS ? __________

Does the Participant have any HEALTH CONCERNS of which we should be aware (allergies, medications, injuries, etc)?
If YES, please explain:

____________________________________________________________________________

How did you learn about us? ______________________________________________________

IN CASE OF EMERGENCY (Parent/Guardian info for those under 18):

First Name: ____________________________  Last Name: ____________________________

Relationship: ____________________________  Email: ____________________________

Primary Phone #: ____________________________  Please circle:  Home  Cell  Work  Other

Secondary Phone #: ____________________________  Please circle:  Home  Cell  Work  Other

LIABILITY RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE

This is a legally binding Release, Waiver, Discharge and Covenant Not to Sue (collectively, “Release”), made voluntarily by me, the undersigned Releasor, on my own behalf, and on behalf of my heirs, executors, administrators, legal representatives and assigns (hereinafter collectively, “Releasor,” “I” or “me”, which terms shall also include Releasor’s parents or guardian, if Releasor is under 18 years of age) to the instructors of Parkour Generations Americas (PKGA), Parkour Generations Boston (PKGB), Parkour Generations Ltd. (PKG), Making the Jump LLC, Parkour Coaching LLC, ANY PKGA affiliate or licensed organization; ANY municipality including its departments and representatives; and ANY public or private property owners or representatives who consent, directly or indirectly, to having instruction held on their property.

Signature required on otherside
As the undersigned Releasor, I fully recognize that there are dangers and risks to which I may be exposed by participating in the parkour instruction at ANY location utilized by Parkour Generations Boston and/or Parkour Generations Americas for the “Activity”. As the undersigned Releasor, I acknowledge that I am participating in this Activity voluntarily, and I want to do so despite the possible dangers and risks and despite this Release. With informed consent, and for valuable consideration received, including assistance provided by Parkour Generations Boston or Parkour Generations Americas, as the undersigned Releasor, I agree to assume and take on myself all of the risks and responsibilities in any way arising from or associated with this Activity, and I release the instructors of PKGA, PKGB, PKG, Making the Jump LLC, Parkour Coaching LLC, ANY PKGA affiliate or licensed organization; ANY municipality including its departments and representatives; and ANY public or private property owners or representatives who consent, directly or indirectly, to having classes held on their property; INCLUDING their respective affiliates, divisions, departments and other units, committees and groups, and their respective governing boards, officers, directors, principals, trustees, legal representatives, members, owners, employees, volunteers, coaches, contractors, agents, administrators, and assigns (collectively “Releasees”), from any and all claims, demands, suits, judgments, damages, actions and liabilities of every name and nature whatsoever, whenever occurring, whether known or unknown, contingent or fixed, at law or in equity, that I may suffer at any time arising from or in connection with the Activity, including any injury or harm to me, my death, or damage to my property (collectively “Liabilities”), and I agree to defend, indemnify, and save Releasees harmless from and against any and all Liabilities.

As the undersigned Releasor, I recognize that this Release means I am giving up, among other things, all rights to sue Releasees for injuries, damages or losses I may incur. I also understand that this Release binds my heirs, executors, administrators, legal representatives and assigns, as well as myself. I also affirm that I have adequate medical or health insurance to cover any medical assistance I may require.

I agree to strictly obey instructors and observe safety rules.

By signing below I permit Parkour Generations Americas, Parkour Generations Boston, and affiliated branches, to use any pictures, audio, or video recordings of the Releasor engaged in the Activity for promotional use, publication, articles, and advertisement without additional consent and without compensation at this time or any other time.

I agree that this Release shall be governed for all purposes by Massachusetts law, without regard to such law.

I have read this entire Release. I fully understand the entire Release and acknowledge that I have had the opportunity to review this Release with an attorney of my choosing if I so desire, and I agree to be legally bound by the Release. I am not under their influence of any drugs, alcohol, or other intoxicants. I am not suffering from any illness or incapacity.

**THIS IS A RELEASE OF YOUR RIGHTS, READ CAREFULLY AND UNDERSTAND BEFORE SIGNING.**

Participant *(Releasor)* Signature: ____________________________________________

Parent/Guardian Signature *(For those under 18)*: ____________________________________________

Name *(PRINT)*: ____________________________ Date: ____________________________